

## Two Simple Acts With Great Reward

1. Umm Habibah رضي الله عنها narrates that the messenger of Allah ﷺ said, “**Whoever regularly prays four rakats before zuhr and four rakats after zuhr, Allah will make him haram upon the fire,**” i.e. Allah will protect him from the flames of Jahannam.
  - a. *Sunan Abu Dawud* 1269, *Sunan al-Tirmidhi* 427; declared *Sahih* by Imam al-Tirmidhi رضي الله عنه.
  - b. Hafiz ibn ‘Allan al-Shafi رحمته الله (d. 1057) writes, “This Hadith contains glad tidings for the one who is regular upon these prayers that he will die upon Islam.”<sup>1</sup>
  - c. **Note:** Four rakats before Zuhr and two rakats after Zuhr are *sunnah muakkadah*, meaning emphasized sunnahs. The person who performs them will receive great reward from Allah ﷻ, and whoever abandons them without a valid reason will be blameworthy and can fall into sin. An additional two rakats afterwards is *nafl* and will allow us to practice upon this hadith.
  
2. Ibn ‘Umar رضي الله عنهما narrates that the Prophet ﷺ said, “**May Allah have mercy on the person who prays four rakats before ‘Asr.’**”
  - a. *Sunan Abu Dawud* 1271, *Sunan al-Tirmidhi* 430; declared *Hasan* by Imam al-Tirmidhi رضي الله عنه.
  - b. The one who practices is included in this dua of the Prophet ﷺ. What greater honor can there be?
  - c. These four rakats are *sunnah ghair muakkadah*, meaning a non-emphasized sunnah. If a person practices it, he will receive great reward from Allah ﷻ. If he doesn’t, then there is no blame nor sin upon him.

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<sup>1</sup> *Dalil al-Falihin* 2/1280